



Armagh Championships 2018

Under Swim Ireland Technical Rules

MEET INFORMATION

Saturday 24th February 2018

Waves Leisure Centre

Robert Street

Lurgan, Craigavon, BT66 8BE

Armagh Championships 2018

Date Saturday 24th February 2018
Venue Waves Leisure Centre, Lurgan, Craigavon, BT66 8BE
Pool 6 Lane 25m Pool
Sessions Session 1: Girls 8:00am to 8:20 am; Boys 8:20am to 8:40 am.
Start between 9:00am and 9:15 am.

Session 2 (Finals): Start Time Determined by Finish of Morning Session.

Session times may be adjusted when all entries have been processed. Any changes in session times will be notified with confirmation of entry acceptance. Should need arise Lurgan ASC has the right to restrict entries to ensure a smooth-running Event.

Entries Entries can only be made via the Hy-Tek Software (event entry file to be emailed to competition sec.). Completed entries due no later than 12th February 2018 and returned via email to competitions@lurganswimmingclub.co.uk

The Closing Date for Entries is 12th February 2018

Entry Fees £3.50 per individual event per swimmer and £10.00 per relay. Fees payable no later than Friday 19th February 2018. Fees will be charged for all entries on that date.

Cheques made payable to: Lurgan Amateur Swimming Club.
Cheques can be sent to: C/o Peter Kelly, 1C Old Church Lane, Aghalee, Craigavon, BT67 0EB.

Age Groups 10 years & under, 11 years, 12 years, 13 years, 14 years, 15-25 years.
Swimmers younger than 9 years at 31st December 2018 are not eligible.
Masters swimmers are not eligible.

Age All events are Age on the 31st December 2018

Entry Times Please submit Entry Times for Seeding. No time entries will be swum unseeded in the first heats of the event.

Awards Medals will be awarded in all Individual Events to 1st, 2nd and 3rd placed swimmers. Ribbons will be awarded to positions 4 thru 6th.

Medals will be awarded to Relays Teams placed 1st, 2nd and 3rd.

Events Medley Relay-10 & Under relays are 4 x 25m; All other ages are 4 x 50m
Freestyle Relay-10 & Under relays are 4 x 25m; All other ages are 4 x 50m

All Relays are HDW.

Individual Events: 50m events on all four strokes. Individual Events will hold Heats in the Morning Session and Finals for the Top 6 swimmers in each event during the Afternoon Session.

Lunch Lunch will be after all heats have been completed.

Finals Finals will be held after lunch (Subject to changes on day)

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Order of Events

Session 1

24th February 2018

Warm-up Girls 8:00-8:20; Boys 8:20-8:40
Start Between 9:00 and 9:15 am

Qualifying Standards

		10&U	11	12	13	14	15-25
50m	Backstroke	55.00	53.00	50.00	45.00	45.00	42.00
50m	Breaststroke	1:00.00	57.00	55.00	52.00	50.00	45.00
50m	Butterfly	1:00.01	53.00	50.00	47.00	45.00	40.00
50m	Freestyle	50.00	47.00	45.00	42.00	40.00	36.00

Relay Events

1	Girls	10 Years & Under	4 * 25m Medley Relay (HDW)
2	Boys	10 Years & Under	4 * 25m Medley Relay (HDW)
3	Girls	11 - 12 Years	4 * 50m Medley Relay (HDW)
4	Boys	11 - 12 Years	4 * 50m Medley Relay (HDW)
5	Girls	13 - 14 Years	4 * 50m Medley Relay (HDW)
6	Boys	13 - 14 Years	4 * 50m Medley Relay (HDW)
7	Girls	15 - 25 Years	4 * 50m Medley Relay (HDW)
8	Boys	15 - 25 Years	4 * 50m Medley Relay (HDW)
9	Girls	10 Years & Under	4 * 25m Freestyle Relay (HDW)
10	Boys	10 Years & Under	4 * 25m Freestyle Relay (HDW)
11	Girls	11 - 12 Years	4 * 50m Freestyle Relay (HDW)
12	Boys	11 - 12 Years	4 * 50m Freestyle Relay (HDW)
13	Girls	13 - 14 Years	4 * 50m Freestyle Relay (HDW)
14	Boys	13 - 14 Years	4 * 50m Freestyle Relay (HDW)
15	Girls	15 - 25 Years	4 * 50m Freestyle Relay (HDW)
16	Boys	15 - 25 Years	4 * 50m Freestyle Relay (HDW)

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Session 1 (Cont)

Individual Events

17	Girls	10 Years & Under	50m Backstroke (Heats)
18	Boys	10 Years & Under	50m Backstroke (Heats)
19	Girls	11 Years	50m Backstroke (Heats)
20	Boys	11 Years	50m Backstroke (Heats)
21	Girls	12 Years	50m Backstroke (Heats)
22	Boys	12 Years	50m Backstroke (Heats)
23	Girls	13 Years	50m Backstroke (Heats)
24	Boys	13 Years	50m Backstroke (Heats)
25	Girls	14 Years	50m Backstroke (Heats)
26	Boys	14 Years	50m Backstroke (Heats)
27	Girls	15 – 25 Years	50m Backstroke (Heats)
28	Boys	15 – 25 Years	50m Backstroke (Heats)
29	Girls	10 Years & Under	50m Breaststroke (Heats)
30	Boys	10 Years & Under	50m Breaststroke (Heats)
31	Girls	11 Years	50m Breaststroke (Heats)
32	Boys	11 Years	50m Breaststroke (Heats)
33	Girls	12 Years	50m Breaststroke (Heats)
34	Boys	12 Years	50m Breaststroke (Heats)
35	Girls	13 Years	50m Breaststroke (Heats)
36	Boys	13 Years	50m Breaststroke (Heats)
37	Girls	14 Years	50m Breaststroke (Heats)
38	Boys	14 Years	50m Breaststroke (Heats)
39	Girls	15 – 25 Years	50m Breaststroke (Heats)
40	Boys	15 – 25 Years	50m Breaststroke (Heats)
41	Girls	10 Years & Under	50m Butterfly (Heats)
42	Boys	10 Years & Under	50m Butterfly (Heats)
43	Girls	11 Years	50m Butterfly (Heats)
44	Boys	11 Years	50m Butterfly (Heats)
45	Girls	12 Years	50m Butterfly (Heats)
46	Boys	12 Years	50m Butterfly (Heats)
47	Girls	13 Years	50m Butterfly (Heats)
48	Boys	13 Years	50m Butterfly (Heats)
49	Girls	14 Years	50m Butterfly (Heats)
50	Boys	14 Years	50m Butterfly (Heats)
51	Girls	15 – 25 Years	50m Butterfly (Heats)
52	Boys	15 – 25 Years	50m Butterfly (Heats)
53	Girls	10 Years & Under	50m Freestyle (Heats)
54	Boys	10 Years & Under	50m Freestyle (Heats)
55	Girls	11 Years	50m Freestyle (Heats)
56	Boys	11 Years	50m Freestyle (Heats)
57	Girls	12 Years	50m Freestyle (Heats)
58	Boys	12 Years	50m Freestyle (Heats)
59	Girls	13 Years	50m Freestyle (Heats)
60	Boys	13 Years	50m Freestyle (Heats)
61	Girls	14 Years	50m Freestyle (Heats)
62	Boys	14 Years	50m Freestyle (Heats)
63	Girls	15 – 25 Years	50m Freestyle (Heats)
64	Boys	15 – 25 Years	50m Freestyle (Heats)

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Conditions of Entry

1. The Meet will be held under Swim Ireland and FINA Technical rules.
2. Entries will be seeded into heats based on entry times with the slowest heat being swum first.
3. Only swimmers, coaches and officials are allowed on poolside. Wet swimmers are not allowed in the spectator area.
4. In line with child protection policies, any person wishing to use photographic or video equipment (including mobile phones) are required to sign the authorization slip at the entry desk. Flash photography is not permitted at the start of any event.
5. Swimmers should report to the competitor's steward eight heats prior to their swim.
6. Neither Lurgan ASC nor Waves Leisure Centre accept any liability for loss or damage to personal belongings.

Note for parents & coaches

Our aim in joining together in this event today is to promote fair and friendly competition and encourage good sportsmanship.

The Armagh Championship Cup will be awarded at the end of today and all finalists are rewarded.

The event does not impact or contribute to the Clubs' Swim Ulster/Swim Ireland position within the League or to a swimmers Open Graded Event times.

This gala abides by the Swim Ulster/Swim Ireland poolside rules therefore Swim Ireland safety rules and normal stroke rules will apply.

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Meet Guidelines

Warm Up

Session 1's warm-up for heats will be girls first, then boys.

Each team will have designated lanes for warm up swimming - each designated lane must be supervised by club coaches. To avoid log jams, children should swim continuously in the warm up and not stop at the ends/stop in the middle.

Swimmers should not attempt dives, starts or turns in the warm up lanes – they must wait until the end of warm up swimming.

At the end of the Session 1 warm up, the lanes can be used for diving for 10 minutes.

Swimmers must not swim back up the lanes during diving – if they want to try another start they should leave the pool and walk back.

The finals warm up will be mixed and dives can be performed for the last 5 minutes.

Supervision

Swimmers should be supervised at all times. They must not stay in the changing rooms & foyer areas - once their swim is finished they should return promptly to their teams on the balcony.

Programmes will be given to each team, which can be used to send swimmers down to be marshalled. The marshals will be given a heat sheet each.

Children must dry off before returning to the balcony – to avoid the inherent risks if the foyer, stairs & spectator areas become wet. There will be plenty of time for swimmers to gather for their heat so there is no need for any swimmer to rush or run when they are called.

The learner pool will be strictly off limits – children should not be allowed in it or to sit around it (with feet dangling in water, etc.)

Finishing & Relays

Swimmers should remain in the water until they are told to leave.

Swimmers leaving the lane during relays should be vigilant and not cross in front of those still swimming or about to dive in.

Swimmers should always leave the pool by the ladders.

Times/Results

Times and Results from heats will be posted along the back window of the gallery as soon as possible after each event. We would ask that only nominated coaches/officials are allowed on the pool side to check heats times/finals lists.

Catering

Swimmers and their guardians are free to bring packed lunches or make use of the catering facilities provided by Lurgan ASC. Light snacks such as sandwiches, wraps, tea, coffee, and buns will be available throughout the day.

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Safety Guidelines

Health & Safety

In the case of an incident please inform a Leisure Centre representative at the desk or poolside and they will complete the necessary forms.

Parents MUST remain at the leisure centre premises throughout the gala and will be needed to assist as required.

All swimmers need to bring a pair of indoor pool shoes, spare t-shirt, shorts & towel (to use/wear between swims) and healthy drinks & snacks.

Please make sure your swimmers know the following rules:

Indoor pool shoes must be worn

Swimmers must dry off before they leave the changing rooms to return to the balcony

Swimmers should swim continuously in the warm up – not stop at the ends or middle

Turns and dives/starts are not allowed in the warm up lanes – there will be designated lanes for this towards the end of warm up

For the relays, there will be no diving from the shallow end

Swimmers must listen to announcements and report for marshalling promptly when each event is called

Visiting Swimmers must return to the gallery promptly – they should not stay in the changing rooms, foyer or poolside.

No food or drink is allowed on the pool side

The learner pool is off limits – no-one can enter it or sit on the pool edge

Swimmers will be marshalled & progress along seats at the side of the pool heat by heat

Once a race has started, the next heat can take their place in lane order behind the Blocks

All swimmers & spectators must be quiet for race starts

Swimmers must not stand beside the blocks while a race is in progress

Swimmers must remain in the pool, after each race, until they are told to leave

Swimmers must leave the pool by the ladders when directed

Swimmers must promptly obey any instructions given to them by officials and Coaches

Swimmers are expected to abide by the ethos of 'good sportsmanship'

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Competing Club Requirements

Complaint Each club to nominate one person who will discuss any issues that may arise with the Referee.

Officials Clubs are asked to provide a number of officials per sessions. The officials will meet with the race referee/ gala secretary 30 minutes before the gala commencement.

Each Club will provide the name of one official who will be responsible for organizing all other required officials from their club, and this person will be the main point of contact with the corresponding Lurgan ASC official.

Names of officials to be provided by email no later than 12th February 2018.

These roles are only a guideline and on the day the Clubs may need to agree to changes based on the resources available.

Session 1 (Heats)

1 x Official from Lurgan, Armagh, Newry & Mourne, Portadown

Race Referee	1 Required
Starter	1 Required
Director of Time Keepers	1 Required
Time Keepers	12 Required (3 per Club)
Stroke Judge	2 Required (Newry & Mourne, Portadown)
Turn Judge	2 Required (Lurgan, Armagh)
Marshalls	4 Required (1 per Club)
Nominated Complaints Official	4 Required (1 per Club)
Recorder Desk	4 Required (1 per Club)
Runner	2 Required

Session 2 (Finals)

1 x Official from Lurgan, Armagh, Newry & Mourne, Portadown

Race Referee	1 Required
Starter	1 Required
Director of Time Keepers	1 Required
Time Keepers	12 Required (3 per Club)
Stroke Judge	3 Required (Lurgan, Newry & Mourne, Armagh)
Turn Judge	2 Required (Lurgan, Armagh)
Finish Judge	3 Required (Lurgan, Newry & Mourne, Portadown)
Marshalls	4 Required (1 per Club)
Nominated Complaints Official	4 Required (1 per Club)
Recorder Desk	4 Required (1 per Club)
Runner	2 Required

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Official's Responsibilities

Marshalling

Marshals shall report to gala secretary 30 minutes before session. They will be given clipboard, pen, and start sheets 10 minutes before session.

3-4 marshals required: 1 or 2 signs in swimmers as they report. 1 or 2 seats swimmers in each heat in lane order and delivers them to the start at soon as the previous heat has begun.

Marshalls shall report to referee when swimmers fail to report.

Programmes will be given to each team, which can be used to send swimmers down to be marshalled. The marshals will be given a heat sheet each.

Time Keepers

Time keepers shall report to gala secretary 30 minutes before session and then to allocated lane 10 minutes before session.

They should familiarise him/herself with a stopwatch before start of session.

Starts stopwatch at start of race and at end of race stops watch and presses back-up button and records all times taken in his/her lane. Time sheets will be collected by a runner.

Turn and Stroke Judge

Both Turn and Stroke judges shall report 30 minutes before start to race referee. They will be assigned working positions by referee.

It is essential that the turn judges observe the technique of swimmers in his/her assigned lanes at one end of the pool from 5m out to first stroke on surface after turn.

Any breaches of rules including turns shall be reported to the referee. Referee makes final decision on disqualification.